



# TEA ROOM

## prices

### Flavoured teas

White tea: **3€**

Flavoured other teas: **2,50€**

### Phitotherapy

Herbs and medicinal mixes: **2,20€**

### Coffee

**2,50€**

### Origin Tea

White tea, oolong, pu erh premium, japanese & korean green teav, black tea (Darjeeling, Sikkim, Assam, Russian blend): **3€**

Decaffeinated, black tea (others), chinese green tea, pu erh: **2,50€**

**\* not available for the teahouse:** Matcha, Silver needles, Jasmin white pearls, Gyokuro.

### Turmeric & cocoa

**2.20€**

\* We do not have all flavors available. Ask us what we have opened each time.

### Extras

Milk: **0.30€**

Ice: **0.30€**



# ORIGINS

## GREEN TEA

### JAPAN

**Kukicha ORGANIC:** Tea with leaf and branch. Low in caffeine. **7.75-15.50 €**

**Sencha Okumidori ORGANIC:** The most used tea. Fresh and very aromatic. **7.35-14.70 €**

**Bancha Yanagicha ORGANIC:** Tea from the second crop, from older leaves. Yanagicha is of high quality. Very low caffeine. **7.35-14.70 €**

**Genmaicha ORGANIC** Lightly toasted tea, with roasted rice. **7.95-15.9€**

**Gyokuro Kirishima ORGANIC:** One of the most precious Japanese teas. It spends 3 weeks in shade and is very rolled up. Soft, sweet, umami. **Bag 50 grs. 35.45 €**

### CHINA

**Gunpowder Temple of Heaven:** Small balls of tea with a strong taste. **3.05-6.10 €**

**Bancha ORGANIC:** Three-year-old tea. Long, pressed tea-leaf. Delicate taste, a little more toasted than Sencha. **3.90-7.80 €**

**Genmeicha ORGANIC:** Bancha tea with toasted rice. Low in caffeine. **5.05-10.10 €**

**Jasmine Mao Jian ORGANIC:** Mao Jian tea with jasmine. Thick, uniform tea-leaf. Fruity, delicate taste and aroma. **4.65-9.30 €**

**Sencha ORGANIC:** Strong tea-leaf. Dry taste. **3.90-7.80 €**

**China white hair /White Monkey:** Smooth and very aromatic. It is grown at 1500m, under very humid clima. **5.05-10.10 €**

### KOREA

**South Korean OP ORGANIC:** Soft tea, with little astrigence. Vaporized, like Japanese teas, maintains the dark green color and a fine curl. **6.15-12.30 €**



## MATCHA TEA (Japan)

**Matcha Minami Sayaka ORGANIC:** Grounded, made with the summer harvest of the Sencha Minami Sayaka variety. Suitable for pastries, smoothies... **Bag 100grs - 23€ (0,23/gr)**

**Matcha Beginners (Kagoshima):** Matcha ideal to start. Intense taste. Suitable with milk. **Can 40grs - 18€ (0,45/gr)**

**Matcha Morimoto ORGANIC (Miyazaki):** It is made with the best Sencha of the harvest and is milled in a ceramic mill. Bright color, balanced taste and abundant foam. **Bag 50g: 26€ (0,52/g) - bag 20 grs: 14€ (0,70/g).**

**Matcha Gyokujou ORGANIC (Miyazaki):** The tenderest leaves of the first crop of the Okumidori variety are milled. Fine texture, intense green and sweet. **Can 20grs - 21€ (1,05/gr)**

**Matcha Miumori ORGANIC (Kirishima):** After 3 weeks in the shade, the leaves of the first crop are harvested and the veins removed and milled in a stone mill. **Can 20grs - 24€ (1,20/gr)**





# WHITE TEA

CHINA

**Pai Mu Tan ORGANIC:** Green-brown tea-leaf with white sprouts. Delicate, flowery taste. **8.40-16.80 €**

**Silver Needles (Fujian, China):** White tea buds, from the first harvest of the year, grown between 800-1000m altitude. Soft infusion and with a sweet and floral taste. **Can 40grs - 15€**

**Jasmine Dragon pearls ORGANIC:** White tea buds flavored with Jasmine and rolled into balls. **Can 100grs - 25€**

VIETNAM

**Mao Feng (Vietnam) ORGANIC:** Leaf tea gently rolled, with white buds. Fine and smooth aroma, floral flavor and yellow-green cup **5-10 €**



# OOLONG TEA (China)

**Tie Guan Yin ORGANIC:** One of the most famous oolongs. Low oxidation and with slight final toasting. Soft taste with floral touches. **5.60-11.20 €**

**Shui Xian ORGANIC:** From Wuyi, this oolong shows a big leaf and high oxidation, with light toasting. Despite the dark color of the infusion, the taste is mild, fragrant and with little astringence. **5.35-10.70 €**

**Osmanthus Oolong:** Oolong with Osmanthus flower essence. Soft, very aromatic with touches of peach. **4.95-9.90 €**



# PU ERH TEA (China)

**Pu Erh:** Fermented tea from Yunnan. Earthy taste. **3.80-7.60 €**

**Pu Erh Premium:** Pu erh made with leaves of very old plants (trees) and with a greater presence of buds. Fermented in wooden barrels for 7 years. More subtle and complex aromas and flavors. **7.10-14.20 €**



# DECAFFEINATED

**Ceylon OP black tea (Sri Lanka):** Decaffeinated Ceylon tea with steam systems, the most natural method. Mild and aromatic. **4.50-9 €**

**Green Tea Sencha (China):** Decaffeinated Sencha tea using the water vapor method, the most natural. Cool and smooth, you won't know the difference **4.60-9.20 €**



# BLACK TEA

## INDIA

**Assam Rembeng BOP ORGANIC:** Broken tea-leaf. Strong taste. **4.45-8.90 €**

**South India OP Korakundah ORGANIC:** Tea from southindian Nilgiri mountains. grown at 2000m, slightly stronger than Ceylan. **4.15-8.30 €**

**Darjeeling SFTGFOP 1 First Flush:** Himalaian tea. Tea from first crop. Flowery, delicate taste. **5.55-11.10 €**

**Sikkim Temi:** Himalayan tea, with golden tips. Smooth but full-taste. **4.95/9.90 €**

## CHINA

**Lapsang Souchong (China):** Black Fujian tea. Smoked with special wood and pine cones. **3.75-7.50 €**

**Jinjing OP (China) ORGANIC:** Soft and aromatic black tea, little astrigence. **3.60-7.20 €**

**Finest Keemun Congou (Anhui):** One of the most appreciated teas in China. Smooth and silky, it has little caffeine and is ideal with milk. **4.15-8.30 €**

**Finnest Golden Yunnan (Yunnan):** A wonder full of golden buds. Aromatic and smooth but with character. **4.50-9 €**

## SRI LANKA

**Ceylon OP Kenilworth (Sri Lanka):** One of the most used teas in the world. Full-bodied. **4.05-8.10 €**

## BLENDS

**English Breakfast (Assam & Ceylon):** Ideal for breakfast and to add milk. **3.05-6.10 €**

**Irish Breakfast (Assam & Chinese black tea):** Strong taste blend, ideal with milk and sugar. **3.60-7.20 €**

**Russian blend ORGANIC:** A very aromatic tea made from Keemun (China), Darjeeling and Assam (India). **4.65-9.30 €**



# ROOIBOS (Southafrica)

**Rooibos (red) ORGANIC:** Rooibos is a sweeter infusion, with a woody touch and no caffeine, digestive and slightly relaxing, as well as being a good post-sport isotonic. It is suitable for all ages and times of the day. **3.85-7.70 €**





# COFFE BEANS

Origin coffee, 100% Arabica, roasted in Barcelona.

**Café HONDURAS ORGANIC:** Coffee from the Marcala region, with the Lempira variety. The grain is extracted with the washing process. Caramel, floral and chocolate notes. **2.40-4.80 €**

**Café COLÓMBIA ORGANIC:** Coffee from Sierra Nevada de Santa Anna. The grain is extracted with the washing process. Cocoa notes, hazelnuts. **2.40-4.80 €**

**Café ETIOPIA ORGANIC:** Coffee from the country where this plant originates. From the Sidamo region, it is made with a native variety of grain and cultivated at 1,800 m. The grain is extracted with the washing process. Sweet, floral, peppery, bright notes, it is perhaps the most acidic. **2.75-5.50 €**

**Café BRASIL (Fazenda Lagoa):** It comes from Minas Gerais, one of the most famous coffee growing areas in Brazil. Chocolate notes, sweeter taste. **2.10-4.20 €**

## DECAFFEINATED

**LA VICTORIA (Caldas, Colombia):** Coffee of the Castillo and Caturra varieties, grown in Caldas, at 1700-1900 m. The grain is extracted with the washing process and decaffeinated with the Sugar-cane process. Notes of cane sugar, nuts, chocolate. **2.85-5.70 €**





# FLAVOURS

## PU ERH TEA

**Pu erh Grapefruit & orange:** Pu erh tea, papaya, orange, marigold. **4,35/8,70 €**

**Pu Erh Summer breeze:** Pu erh tea, Sencha green tea, Jasmine green tea, rosehip, apple, strawberry, kiwi, Cape gooseberry. **4,35/8,70 €**

**Pu Erh Explosion of vitamin C fruits:** Pu erh tea, Sencha green tea, elderberries, strawberry, kiwi, raspberries, blackberries and petals of cornflower. **4,25/8,50 €**

**Pu Erh Mango & passionfruit:** Pu erh tea, papaya, mango, marigold, cornflower and passionflower. **4,35/8,70 €**

**Pu Erh Blackberry and bamboo:** Te Pu Erh, blackberries, bamboo shoots, marigold and aroma. **4,35/8,70 €**

**Pu Erh Christmas:** Pu erh tea, apple, orange, cloves, cardamom and cinnamon. **4,30/8,60 €**

**Pu Erh Spice bread:** Te Pu Erh, cinnamon flower, cocoa, star anise, almond, clove, pink pepper and aroma. **4,35/8,70 €**

**Pu Erh Pakistani:** Pu erh tea, cinnamon, cloves, cardamom and vanilla. **4,35/8,70€**

**Pu Erh Turkish passion:** Pu erh tea, cinnamon, apple, orange. **4,30/8,60 €**

**Pu Erh Vanilla:** Pu erh tea with vanilla bourbon and aroma. **4,35/8,70 €**

**Pu erh Chocolat:** Pu erh tea, roasted cocoa, chocolate. **4,25/8,50 €**



## WHITE TEA

**White tea Exotic ORGANIC:** Pai Mu Tan white tea, Sencha green tea, pineapple, apricot, orange peel, marigold. **5,55/11,10 €**

**White tea Raspberry & ginger ORGANIC:** Pai Mu Tan white tea, Darjeeling OP green tea, Chun Mee green tea, ginger, raspberry, red cornflower petals. **5,55/11,10€**

**White tea Mint & Ginger ORGANIC:** Pai Mu Tan white tea, Chun Mee green tea, ginger, mint, lemongrass, lemon peel, chili and echinacea. **5,35/10,70 €**

**White tea Strawberry:** Pai Mu Tan white tea, Sencha green tea, Oolong tea, té Oolong, plums, strawberries and flowers of malva. **5,35/10,70 €**

**White tea Orange & spices:** Pai Mu Tan white tea, green tea (Sencha, Darjeeling, Lung Ching, Gunpowder, Jasmine), coconut chips, ginger, clove, cardamom, safflower, star anise, pink pepper. **5,35/10,70 €**



# GREEN TEA

## FRUITY

**Green tea Açai Goji:** Sencha tea, green coffee, goji berries, mate, açai, white hibiscus and beetroot. **3.95/7.90 €**

**Green tea Japanese Cherry:** Sencha green tea, cherries. **3.85/7.70 €**

**Green tea Spring dreams:** Sencha green tea, orange, mango, golden berries, rose, sunflower, cornflower. **3.85/7.70 €**

**Green tea Banana, apple and strawberry ORGANIC:** Sencha green tea, banana, strawberry, apple, marigold **3.85/7.70 €**

**Green Tea Mango and passion fruit ORGANIC:** Sencha tea, turmeric, papaya, sugary ginger, mango, passion fruit, kiwi and spirulina. **4.05/8.10 €**

**Green tea Forest fruits:** Sencha green tea, elderberry, blackberry leaves, strawberry, blackberry, redcurrant, blackcurrant. **3.95/7.90 €**

## CITRUS & FRESH

**Green tea Earl Grey ORGANIC:** Sencha green tea, bergamot flavour. **3.90/7.80 €**

**Green tea Al - Andalus:** Sencha green tea, quince, orange, orange blossom, jasmine. **3.90/7.80 €**

**Green tea Ginger & lemon ORGANIC:** Sencha green tea, limón, citronela and ginger. **3.90/7.80 €**

**Green tea Exotic lemon ORGANIC:** Sencha green tea, Pai Mu Tan white tea, orange, lemongrass, banana, mango, marigold.. **4/8 €**

**Green tea Moroccan ORGANIC:** Gunpowder green tea with peppermint. **4/8 €**

## SPICED

**Green tea Ginseng & ginger:** Sencha green tea, lemongrass, ginseng, ginger, cornflower. **3.85/7.70 €**

**Green tea Cinnamon:** Sencha green tea with cinnamon. **3.80/7.60 €**

**Shanghai Chai Green Tea:** Sencha tea, cinnamon, fennel, roasted buckwheat, roasted chicory root, roasted apple, ground black pepper, pink pepper. **3.85/7.70 €**

**Green tea Christmas:** Sencha green tea, apple, orange, almond, cinnamon, clove, vanilla and rose petals. **3.90/7.80 €**

**Green tea Pakistani ORGANIC:** Sencha green tea, cinnamon, clove, cardamom, vanilla. **3.95/7.90 €**

**Green tea Vanilla:** Sencha green tea, vanilla bourbon. **3.85/7.70 €**

## SWEET

**Green tea Roasted almond:** Sencha green tea, Pai Mu Tan white tea, almond, coconut, cinnamon. **3.85/7.70 €**

**Green tea Caramel:** Sencha green tea, caramel, orange blossom, cola nuts. **3.80/7.60 €**

**Pear-Choc green tea:** Sencha tea, pear, cocoa skin, dried and candied ginger. **3.80/7.60 €**

**Green Tea Frappuccino ORGANIC:** Sencha tea, dates, cocoa beans and skin, cornflower petals. **4.05/8.10 €**

**Green tea Baked apple:** Sencha green tea, apple, raisins, almond, rose. **3.85/7.70 €**





# BLACK TEA

## FRUITY

**Strawberry Cream Black Tea:** Black tea, strawberry, strawberry leaves. **3.80/7.60 €**

**Black tea Coconut:** Ceylon black tea with coconut chips. **3.80/7.60 €**

**Black tea Forest fruits:** Ceylon black tea, elderberries, strawberry, raspberry, blackberry and currants. **3.80/7.60 €**

**Black tea Mango and vainilla (Samba Pa):** Ceylon black tea, Sencha green tea, mango, marigold, cornflower, safflower, vanilla bourbon. **3.85/7.70 €**

**Black tea Peach, Pineapple and Melon:** Black tea, peach, pineapple, Cantaloup melon, Osmanto, red cornflower and white cornflower blossoms. **3.80/7.60 €**

## CITRUS & FLORAL

**Black tea Earl Grey:** Assam black tea with bergamot oil. **.80/7.60 €**

**Black tea Lady Grey:** Ceylon black tea, lime, orange, bergamot flavour, cornflower. **3.80/7.60 €**

**Black tea Sweet orange:** Ceylon tea, orange pieces. **3.80/7.60 €**

**Black tea Lime & Flowers:** Black tea, lime, white hibiscus and mauve flowers. **3.80/7.60 €**

**Black tea Sun from Andalucía ORGANIC:** Ceylon black tea, marigold, mallow, jasmine, rose. **3.95/7.90 €**

## SPICED

**Black tea Cinnamon:** Ceylon black tea with cinnamon. **3.75/7.50 €**

**Black tea Sweet Chai ORGANIC:** Assam black tea, cinnamon, ginger, fennel, anise, cardamom and clove. **3.95/7.90 €**

**Black tea Morning chai:** Assam black tea, cinnamon, ginger, black pepper, pink pepper, cardamom, clove and powdered nutmeg. **3.90/7.80 €**

**Black tea Christmas:** Ceylon black tea, apple, almond, orange, clove, vanilla, cinnamon, rose petals. **3.80/7.60 €**

**Black tea Bread of spices:** Ceylon black tea, Sencha green tea, orange, cocoa seeds, cinnamon, star anise, clove, vanilla, coriander, cardamom, nutmeg, powdered fennel, cumin. **3.90/7.80 €**

**Black tea Pakistani:** Ceylon black tea, cinnamon, clove, cardamom, vanilla. **3.80/7.60 €**

**Black tea Vanilla:** Ceylon black tea, vanilla bourbon. **3.80/7.60 €**

## SWEET

**Black tea Caramel:** Black tea, caramel pieces (sugar, condensed milk, water, glucose syrup, unskimmed milk powder). **3.80/7.60 €**

**Black tea Marzipan:** Black tea, praline granules (sugar, honey, butter, egg white, almonds) and aroma. **3.85/7.70 €**

**Black tea Autumn dream:** Ceylon tea, apple, orange, cinnamon. **3.80/7.60 €**

**Black tea Orange & Chocolate:** Ceylon black tea, orange, cocoa peel, chocolate. **3.80/7.60 €**

**Black tea Irish Chocolate:** Ceylon black tea, chinese black tea, chocolate, cocoa seeds and peel. **3.80/7.60 €**

**Black tea Chocolate and cinnamon ORGANIC:** Assam and Southindia tea, cinnamon, sugary ginger, cao, chicory root, caramel, cornflower petals. **4.05/8.10 €**





# INFUSIONS

## (no caffeine)

### FRUIT TEA

#### FRUITY

**Mediterranean breeze:** Apple, pineapple, papaya, lemon, lemon verbena (alloysia), blueberries, safflower flowers, acerola and petals of Asteraceae. **3.70/7.40 €**

**Cherry and banana:** Hibiscus, banana, cherry, raisins, apple, rose hips. **3.60-7.20 €**

**Wild fruits:** Elderberries, hibiscus, rose petals, redcurrants and blackcurrants. **3.60/7.20 €**

**Raspberry, lime and Goji:** Quince, apple, coconut, lemongrass, hibiscus, lemon peel, raspberry, goji berries, cornflower. **3.65/7.30 €**

**Ginger and mandarin:** Toasted apple, toasted pear, date, fig, orange, frosty ginger, granulated tangerines and orange. **3.70/7.40 €**

**Mango & mint:** Apple, pineapple, papaya, Goji berries, lemongrass, mint, rose cocoon and vitamin C. **3.65/7.30 €**

**Pina colada:** Rosehip, hibiscus, apple, pineapple, coconut and orange peel. **3.60/7.20 €**

**Pineapple and peach:** Apple, pineapple, papaya, peach, carrot, mango and passion fruit granules. **3.55/7.10 €**

**Turkish apple - vanilla:** Apples, flavour. **3.60/7.20 €**

#### SPICED

**Indian Yogi Ayurveda:** Cinnamon, ginger, clove, pink pepper and cardamom. **3.65/7.30 €**

**Desert Chai:** Date, oiled currants, coconut, cinnamon, ginger, cardamom, fig. **3.60/7.20 €**

#### SWEET

**Choco dreams ORGANIC:** Cocoa, raisins, caramel and chocolate. **3.75/7.50 €**

**Apple Pancake:** Apple, carob, pineapple, rose hip peel, rooibos, aroma, red currants. **3.55/7.10 €**

#### FLORAL

**Ayurveda Pitta ORGANIC:** Lemongrass, peppermint, mulberry leaves, licorice, cardamom, rose petals and cornflower. **3.75/7.50 €**



# ROOIBOS

## FRUITY

**Rooibos Good mood:** Rooibos, raisins, pineapple, papaya, sunflower petals and vanilla. **3.85/7.70 €**

**Green Rooibos Peach & apricot:** Green Rooibos, peach, papaya, sunflowers. **3.86/7.60 €**

**Green Rooibos Ginger and pineapple:** Green rooibos, pineapple, dry and frosty ginger, aroma and sunflower flowers. **3.86/7.60 €**

**Rooibos Forest fruits **ORGANIC**:** Rooibos, elderberries, strawberry, black and red currants, blackberries and petals of cornflower. **4/8 €**

## CITRUS & FRESH

**Rooibos Ginger lemon **ORGANIC**:** Rooibos, jengibre y citronela. **3.95/7.90€**

**Rooibos Ginger, cranberry & orange **ORGANIC**:** Rooibos, cranberries, ginger, orange, marigold. **3.95/7.90 €**

**Rooibos Lemon & honey:** Rooibos, pineapple, mint, thyme, orange and lemon peels, marigold, orange blossom. **3.90/7.80 €**

**Rooibos Lemon & mint:** Rooibos, honeybush, lemon, mint, lemongrass, sunflower petals, osmanthus flowers (chinese olive tree), buchu leaves, lemon powder. **3.75/7.50 €**

**Rooibos Orange **ORGANIC**:** Rooibos with orange peel. **3.90/7.80 €**

## SPICED

**Rooibos Cinnamon:** Rooibos, cinnamon. **3.90/7.80 €**

**Rooibos Cinnamon and Orange:** Rooibos, cinnamon, apple, orange, almond, rose petals, clove. **3.85/7.70 €**

**Rooibos Chai:** Rooibos, ginger, cinnamon, mint, cardamom, licorice and vanilla. **3.80/7.60 €**

**Rooibos Sweet Chai:** Rooibos, cinnamon, ginger, fennel, anise, clove, cardamom. **3.85/7.70 €**

**Rooibos Vainilla:** Rooibos with vanilla bourbon. **3.95/7.90 €**

## SWEET

**Rooibos Roasted almonds:** Rooibos, almond semolina, white chocolate hearts, toasted almonds and aroma. **3.80/7.60 €**

**Rooibos Caramel:** Rooibos with pieces of candy and cola nuts. **3.80/7.60€**

**Rooibos Marzipan:** Rooibos, sweet pineapple, chopped and grated almond, white candi sugar and aroma. **3.80/7.60 €**

**Rooibos Apple, almond & cinnamon:** Rooibos tea, apple, almond, cinnamon, and safflower flowers. **3.85/7.70 €**

**Rooibos Cocoa, almond and nougat:** Rooibos, honeybush, chocolate, caramel and chocolate drops, almonds, praline and chia seeds. **3.80/7.60 €**

**Rooibos Kiss of chocolate:** Rooibos, peel and cocoa bean, orange peel, chocolate stars, cinnamon, jatoba, raspberry flakes, sandalwood, beetroot. **3.80/7.60 €**

**Rooibos Orange & chocolate:** Rooibos, cocoa, chocolate, orange. **3.80/7.60 €**

**Rooibos Chocolate & coconut:** Rooibos, coconut chips, cocoa, chocolate. **3.85/7.70 €**





# TURMERIC powder

\*bag 125 grs

## **Spicy Chai Turmeric ORGANIC**

Ground turmeric, ground cinnamon, ground ginger, Matcha green tea, ground cardamom, nutmeg, ground clove. **6,85€**

## **Orange-vanilla Turmeric ORGANIC**

Ground turmeric, coconut flower sugar, natural flavor, ground ginger, orange powder, vanilla. **6,85€**

## **Vanilla Turmeric ORGANIC**

Ground turmeric, coconut flower sugar, natural flavor, ground ginger, vanilla. **6,85€**



# COCOA powder

\*bag 125 grs

## **Banana Panda ORGANIC**

(Cherry-banana flavor). Cocoa powder, coconut blossom sugar, banana powder, natural aroma. **6,85€**

## **Choc Shark ORGANIC**

Cocoa powder. **6,85€**

## **Vanilla Ice Bear ORGANIC**

Cocoa powder, coconut blossom sugar, maca root, natural aroma and vanilla. **6,85€**

## **Chai Chai Unicorn ORGANIC**

Cocoa powder, guarana, ground ginger, ground cardamom, ground cinnamon, Matcha green tea, ground cloves, maca root. **6,85€**

## **Minty Monkey ORGANIC**

Cocoa powder, coconut blossom sugar, guarana, natural aroma, Matcha green tea. **6,85€**





# MEDICINAL BLENDS

**Antioxidant:** Gingko, rosemary, thyme, fennel, rooibos and decaffeinated green tea. **3.25-6.50€**

**Defences:** Hibiscus, thyme, marigold, echinacea, lemon balm, cat's claw and ginger. **3.25-6.50€**

**Sweet dreams:** Poppy, lemon verbena, lemon balm, passionflower, lime flower. **4.55-9.10 €**

**Anemia:** Horse's tail, dandelion, green nettle, rosemary, thyme. **3.25-6.50€**

**Relax:** Sage, lemon balm, valerian, mint, orange blossom, lime blossom. **3.25-6.50€**

**Gases:** Green anise, fennel, star anise, coriander seeds. **3.25-6.50€**

**Laxative:** Sen follicles and leaf, frangula. **3.25-6.50€**

**Hepatic cleaning:** Boldo, milk thistle, mint and frangula. **3.25-6.50€**

**Menstrual:** Green Anise, Echinacea, thyme, valerian, nettle and raspberry leaf. **3.25-6.50€**

**Digestive:** Chamomile, lemon balm, lemon verbena, licorice, fennel and anise. **3.25-6.50€**

**Cold:** Eucalyptus, thyme, echinacea, licorice, mint, ginger, and cat's claw. **3.25-6.50€**

**Diuretic-purifying:** Horse tail, Bermuda grass, juniper berries, birch, maize, arenaria and bearberry. **3.25-6.50€**

**High Blood Pressure:** White maple, olive, orthosiphon and passionflower. **3.25-6.50€**

## SPECIAL BLENDS

(They are made at the moment - minimum 100grs)

**Menopause:** Sage, lemon balm, nettle, licorice and passionflower. **€3.25-6.50**

**Stimulate the appetite (appetizer):** Thyme, fennel, green anise, dandelion and ginger. **€3.25-6.50**

**Asthma:** Thyme, passionflower, eucalyptus, peppermint, ginger, rosemary and linden. **€3.25-6.50**

**Expectorant (with infection):** Echinacea, ginger, rosemary, thyme, nettle, horsetail and dandelion. **€3.25-6.50**

**Expectorant (mucus):** Licorice, eucalyptus, mint and ginger. **€3.25-6.50**

**Hoarseness:** Thyme, ginger, ginkgo and licorice. **€3.25-6.50**

**Migraines and headaches:** Ginkgo, mint, ginger and rosemary. **€3.25-6.50**

**Make menstruation go down (emmenagogue):** Thyme, green anise, fennel, rosemary and chamomile. **€3.25-6.50**



# TRADITIONAL HERBS

- Green Anise** (*pimpinella anisum*): Seeds. **2.20-4.40 €**
- Chamomile** (*Matricaria recutita*): Flowers. **3-6€**
- Horse's tail** (*Equisetum arvense*): Aerial part **2.20-4.40 €**
- Dandelion** (*Taraxacum officinale*): whole plant **2.20-4.40 €**
- Echinacea** (*Echinacea purpurea*): Roots. **5.40-10.80€**
- Stevia** (*stevia rebaudiana*): Leaves. **4.40-8.80€**
- Eucalyptus** (*Eucalyptus globulus*): Leaves. **2.20-4.40 €**
- Thyme** (*thymus vulgaris*): leaves. **2.30-4.60€**
- Fennel** (*Foeniculum vulgare*): Seeds. **2.20-4.40 €**
- Orange blossom** (*Citrus auranthium*): Flowers.. **4.85-9.70€**
- Raspberry leaf** **ORGANIC** (*Rubus idaeus*): Leaves. **3-6€**
- Ginger** (*Zingiber officinale*): Rhizome. **2.40-4.80€**
- Ginkgo** (*Ginkgo biloba*): Leaves **2.20-4.40 €**
- Red Hibiscus** (*hibiscus sabsariffa*): Flowers.. **2.20-4.40 €**
- Lemon verbena**(*Aloysia citrodora*): Leaves. **3.75-7.50 €**
- Lemon balm** (*Melisa officinalis*): Aerial part. **2.20-4.40 €**
- Peppermint** (*menta x piperita*): Leaves. **2.20-4.40 €**
- Nettle** (*pimpinella anisum*): Leaves. **2.20-4.40 €**
- Passionflower** (*Passiflora incarnata*): Aerial part. **2.65-5.30 €**
- Pennyroyal** (*Mentha pulegium*): Leaves. **2.20-4.40 €**
- Rosemary** (*Rosmarinus officinale*): Leaves. **2.20-4.40 €**
- Licorice** (*Glycyrrhiza glabra*): Roots. **2.20-4.40 €**
- Poppy** (*Papaver rhoeas*): Flowers. **2.20-4.40 €**
- Sage** (*Salvia officinalis*): Leaves **2.65-5.30 €**
- Elder** (*sambucus nigra*): Flowers. **5-10 €**
- Linden** (*Tilia platyphyllos*): Flowers. **4.50-9 €**
- Cat's claw** (*Uncaria tomentosa*): Cortex **2.20-4.40 €**